

Chapter 2 Questions:

- There are many reasons people might start seeing a therapist or a counselor. What are some goals they might have for entering that relationship? Or, what might they be trying to achieve?
- What is God's goal for His people? How does that goal direct our purpose for speaking the truth in love?
- As you skim pages 31-33, what are some ways that the Gospel is central to achieving God's goal for our life?
- Some people believe that Scripture is sufficient and has the answers to people's problems. But they struggle to believe that Scripture is sufficient to help *them* "be a friend, mentor, counselor or discipler in the midst of one another's messes" (34). How are you feeling now about Scripture's sufficiency to equip you to help others make progress toward God's goal for their lives?
- Scott Mehl describes speaking the truth in love to achieve God's goals as "gospel care." He writes, "Gospel care is the art of loving another person in order to help them become more like Jesus. Or, more specifically: Gospel care is the God-exalting, grace-saturated art of loving another person, through patiently knowing, sacrificially serving, truthfully speaking, and consistently applying the gospel in order to help them become more like Jesus" (35).
 - What stands out to you about those definitions?
 - What do you need to remember most?
 - What questions do you have?