Welcome to Transformation Groups!

When you sign up for a Transformation Group, you are saying you want to change and you want to be part of helping others change. That's great news! There are so many good reasons to want to change and become more like Jesus.

- 1. Even though you don't deserve it, God became man to save you. (Titus 2:11)
- 2. Jesus died, rose from the dead and ascended into heaven so that He could give you the Holy Spirit who now lives you and works to change you. (Titus 2:12)
- 3. Jesus is coming back and you will see how awesome He is and you will want your whole life to have brought Him glory. (Titus 2:13)
- 4. Jesus set you free from sin by dying in your place. (Titus 2:14)
- 5. Your life is not your own. You belong to Jesus. And you are part of a big plan God has for making Jesus look great. (Titus 2:14; Ephesians 2:9,10)
- 6. Each one of us will give an account of himself to God. (Romans 14:12)
- 7. Your obedience blesses others. Your disobedience impacts others as well. (1 Thessalonians 1:8-10; Hebrews 12:15)
- 8. When Jesus comes back He is going to change us and this hope makes us want to please Him now. (1 John 3:2,3)
- 9. We love Jesus. (John 14:15)
- 10. Jesus loves us. (2 Corinthians 5:14)

And those are just a few! Whether we are looking back at what God has done, looking at what God is doing, or looking at what God is going to do, we have many different reasons to want to change.

But how? That's the question.

God has a plan for changing you. That plan involves His Word. That plan involves trials. And that plan involves other people. The purpose of Transformation Groups is to provide a specific focused opportunity for you to get involved in other people's lives on a regular basis and for them to get involved in yours so that you both can be used by God to help each other become more like Jesus. In this booklet, we want to introduce you to a basic structure you can follow that we hope will help you do that.

An Overview

One way you might describe Transformation Groups is as a place where you are seeking to intentionally show and receive gospel care.

But, what exactly is gospel care?

Scott Mehl has helpfully explained, "Gospel care is the God-exalting, grace-saturated art of loving another person, through patiently knowing, sacrificially serving, truthfully speaking, and consistently applying the gospel in order to help them become more like Jesus."

Imagine being able to show that kind of care for someone else and someone else having that kind of care for you. Relationships like that are huge! Life changing! But, developing life changing relationships with others takes time and effort and even practice. When you commit to a transformation group, you are committing yourself to 20 meetings over the course of a year with one or two other believers from Cornerstone Bible Church.

Why 20 meetings?

It's about 2 meetings a month for the course of a year. We would like to do more of course, but in our busy lives this is a start. It gives you a goal to pursue. Why 13.1 miles and not 14? There's not really a great reason, except that when you run a race, it helps to have a finish line. 20 weeks gives a finish line. But of course in the Christian life, there's really no finish line until we stand before Jesus. So this is just a tool to help you intentionally pursue deeper friendships and growth.

To help you make the most of your time, we've divided the 20 weeks into three parts:

4 weeks: Getting Started12 weeks: Going Deeper4 weeks: Looking Forward

Obviously, we are humans and not machines. Things will come up. You will not always be able to complete everything each week. As a result, you may have to make some modifications to this schedule. That's ok! The goal of this booklet is not simply to give you a list of things to do, but

to be a helpful guide to developing deeper biblical friendships which help you make lasting changes. As you go through this process, you are learning some of the habits and skills that will enable you to change and to be a person who helps others change.

Developing these habits and skills will take commitment. That shouldn't be surprising. It's difficult to do anything well without dedication. Because of that we are asking the members of Transformation Groups to make the following commitments.

Transformation Group Commitments

- I commit to meeting twice a month with the members of my group for the next year.
- I commit to coming on time for the meetings on a regular basis.
- I commit to wanting the best for the other members of my group.
- I commit to being open and honest about what is really going on in my heart.
- I commit to asking for help from the members of my group when I need it.
- I commit to being interested in what is going on in the lives and hearts of the other members of my group.
- I commit to prayerfully listening when corrected and to taking that correction seriously.
- I commit to be open to changing.
- I commit to be willing to correct members of my group when it is necessary and in a gracious manner.
- I commit to remembering that I am needy and to be willing to express specific needs in my life to the members of my group.
- I commit to praying for the other members of my group.
- I commit to thinking on a regular basis about how to help the other members of my group grow.
- I commit to work at changing by being willing to do the "homework" we give one another in Transformation Groups.

Getting Started

The First Four Weeks

These first four weeks are going to be a little like the warm up part of an exercise program. You are laying the foundation here for being able to do more later by getting to know one another better and developing trusting relationships.

In the following pages, we are going to give you some ideas to enable you to pursue that. But before we do, let me remind you of some of the basic goals of your time together during this time. What do you want to accomplish and what does that mean specifically?

- You want to have a better understanding of each other by the end of your time together. That means you should be able to say at the end of these four weeks, "I get how my friends think and process life more than I did before."
- You want to get used to talking and sharing openly with one another. That means you should be able to say at the end of these four weeks, "I feel like these are people I can be real with."
- You want to grow in love for one another. That means you should be able to say at the end of these four weeks, "I care for my friends more than I did before."
- You want to build trust with one another. That means you should be able to say at the end of these four weeks, "I know that my friends are for me and want the best for me."
- You want to find your focus of study for the year. That means you should be able to say at the end of these four weeks, "After listening to one another, we now have an idea of what would be helpful for us to learn together this year."
- You want to identify a specific area each member of the group wants to work on changing. That means you should be able to say at the end of these four weeks, "I know one area in my life that needs working on and I want help working on it.
- You want to begin working on memorising a passage of Scripture together. That means you should be able to say at the end of these four weeks, "We are going to be friends who help each other hide God's Word in our hearts and this is the passage we are going to memorise to do that."

Now that you have an idea what you are aiming for, we can think more carefully about how you can pursue it together as a group. One place to start is by having an intentional plan for making the most of the times you meet together. This plan might look a little different depending on your personality and giftedness and your group, but here is a basic format you can use to enable you to be a help to one another.

1. Begin Your Meeting: (approximately 30 minutes)

You should start by remembering why you are getting together. With all that's going on in our lives, it's easy to lose focus and forget the significance of what you are seeking to do in Transformation Groups.

To help your group stay on target, you might do the following:

Remind each other of the purpose of Transformation Groups.

There are a number of ways you can do that. For example:

Have someone see if they can quote Scott Mehl's definition of gospel care that is highlighted on page 2 and then ask the group what part of that definition stands out and how it might apply to your time together.

Read a passage that summarises the goal of Transformation Groups and then briefly discuss. (e.g. Colossians 1:28,29;Proverbs 27:17; Hebrews 11:24-25...)

Read through basic Transformation Group Commitments together on page 3 together. Ask your group if there are any of those commitments that are hard for them to keep.

Have someone briefly pray and ask that God would help you fulfil the purpose of Transformation Groups and keep these commitments.

After you have remembered why you are getting together, you can take some time to get a sense of how everyone is currently doing.

Begin getting into each other's lives through some brief updates and then take time to pray for one another

This is the part of our meeting that will seem the most natural for many of us. While it's always good to hear from one another, be careful you are not spending so much time talking about superficial matters that you don't have time or relational energy to go deeper into one another's lives. One way to help make these updates a bit more meaningful is to have some questions prepared that are not too deep, but at the same time will be more effective in helping you know what's really going on in each other's lives better or pray more thoughtfully for one another. For example:

- "What's going on in your life and how do you feel about it?"
- "In a few sentences, could everyone share 1 thing you are learning, 1 thing you are thankful for, 1 thing you are concerned about."
- "Is there anything that has made you laugh this past week?"
- "What have you been worried about recently?"
- "If you could change one thing in your life right now, what would you change?"
- "Generally, describe the last meaningful conversation you had with someone."
- "What has God been teaching you lately?"

After you have spent some time hearing from one another, open your meeting by praying together.

2. Go Deeper Together: (approximately 75 minutes)

In some ways, this is the heart of your meeting. During this time you are going to deliberately pursue deeper, grace-giving spiritual conversations in several different ways. Every week you'll do something a little different. I describe the emphasis of the various meetings below:

Week 1: Get to Know Each Other

During your time together in this first session you want to begin getting to know some things about each other that you wouldn't normally know that might be helpful for understanding each other better and helping each other grow.

To equip you to do that effectively have your group read the
following article before your first meeting and answer the following
questions:

https://saturatetheworld.com/wp-content/uploads/2017/05/Gospel-Shepherding-Listen-for-the-Heart.pdf

- Why is it important we listen to each other's stories?
- What can help us listen well to each other?
- What might get in the way and make it difficult to share with one another?

Now this first week, we are going to work on getting to know each other's lives a little better. For some in the group it might seem a little awkward or silly to have these kinds of conversations, but everyone should be encouraged to try to let the other into their lives so that they can grow in their friendship with others in the group and to make it easier for the group to help one another grow.

To help you begin these conversations, here are some examples of questions you can ask one another:

Family Background

- What were you like as a child?
- What was life like for you growing up?
- Describe your family and your childhood.
- Who were you close to in your family and why?
- What is a good memory from childhood?
- Is there anything you would change from childhood? Why?
- What is a difficult memory? How do you think that memory impacts you now?
- What did you want to be growing up?
- Who is someone you looked up to and why?
- Is there anything that was said to you when you were younger that still sticks with you or impacts you? What and how?
- Who was your best friend in high school or college? What was your friendship like?
- What did you enjoy doing with your family growing up?
- What were you good at? What weren't you good at?
- What do you think someone would need to know about your personal history to understand you better?
- How is your life different right now than you might have thought it would have been when you were younger.

• If you could talk to your younger self, what would you say...

Relationships

- Are you a person who gets close to others? Why did you answer the way you did?
- Who have been some of your close friends in life? What made you such good friends?
- How would you define what it means to be a good friend?
- What makes you a good friend?
- What keeps you from being a good friend?
- Who are some people who had the biggest influence in your life and why?
- If you are single, tell us a little about your relationship with your family.
- If married, tell us a little about your marriage story.
- What is your marriage like now? Give us a picture of what life in your home is like and what your relationship with your wife is like when you are not at church?
- If you have children, tell us a little about your family. Describe your kids as if we didn't know them.

Inner Life

- What have you wanted most in your life?
- What are some things that have happened that have made you the most upset?
- What have been some of the things that you have tended to worry about?
- When were you happiest?
- When were you the most discouraged?
- What are some times you have been afraid?
- Do you have any regrets?
- What are you proudest of?
- What would you change about yourself if you could?

Week 2: Testimonies

In this meeting, you want to find out more about the ways God has worked in each other's lives in the past.

- □ To help your group be prepared to listen and encourage one another in a God honouring, grace producing way have your group read the following article before your second meeting and answer the questions that follow:

 https://www.biblicalcourselingcoalition.org/2015/04/01/preaching-t
 - https://www.biblicalcounselingcoalition.org/2015/04/01/preaching-the-gospel-to-one-another-the-power-of-small-group-relationships/
 - What are some ways in the past the Holy Spirit used other followers of Jesus to encourage you?
 - What did they do or say that was such an encouragement to you?
 - How has that encouragement helped you combat lies and unbelief in your heart?
 - What are some obstacles to you being able to be that kind of encouragement to one another in your Transformation Group? How can you overcome those obstacles?

One way we can encourage each other with the gospel is by sharing how the gospel has changed us. In your time together this week, each member of the group will share how God worked in their life in the past to save them and change them. Here are some suggestions to help you do that:

- Have each person share their testimony.
- But don't simply have one person share and leave it at that.
 Be interested in each other here! Ask questions regarding what the person shared. Think of them as having knowledge buried in their heart and try to figure out ways to draw that knowledge out.
- If you finish your testimonies and have time, consider asking each other some of the following kinds of questions:
 - What are some of the biggest "spiritual" moments in your life so far?
 - How would you define spiritual maturity?
 - Whose life has influenced yours the most spiritually?
 How?
 - Describe your church experience. What makes a good church? What makes a good church member?

- What are some sermons or books or spiritual conversations that have impacted you the most in your life?
- Has there ever been a time in your Christian life where you felt like you had intense struggles? How were you struggling? What helped you?
- What would you say is a strength in your relationship with God? What is a weakness? Why do you say that?
- What truth has helped you the most in your Christian life? How specifically did it help you?
- When is the time in your life when you think you were growing the most in your relationship with God? What are some of the reasons do you think for that?

Week 3: Current Spiritual Condition

You are continuing to move forward in your relationship with one another. In this meeting you want to move from the past to the present and give each other an honest picture of where you are really at with God right now.

To really be helpful with one another we are going to have to open up to one another. Look up the following verses and discuss what they might have to say about being "vulnerable" with one another:

- 2 Corinthians 1:8-11
- 2 Corinthians 5:11-13
- Romans 8:1
- Can you think of any other passages or truths that might be important for us to consider as we think about being open in our Transformation Group?

Opening up and letting others in can be really hard for some of us. To help your group grow in their desire to do that, read one of the following articles together and then talk about how it might apply to your times together as a group:

- https://www.desiringgod.org/articles/give-your-weakness-togod
- https://www.thegospelcoalition.org/article/to-love-is-to-be-vul nerable/

The reason you read those articles and talked about those verses is because I am trying to encourage your group to share what's going on in your hearts with one another. To do that, you're going to be asking some questions to help each member of the group get some perspective on each other's spiritual condition. But remember, as you do, be real and open about what is going on in your heart, or these conversations won't really be helpful or God-glorifying. Plus God knows! And if you are loved by Him. So what is there to be scared of?

- Describe your personal walk with Jesus.
- What is amazing you about God lately?
- What are you enjoying about the gospel?
- What truths from the Bible do you find yourself talking about the most?
- What's discouraged you recently?
- What book or truth or spiritual conversation has helped you recently?
- Where do you have the hardest time trusting Jesus?
- Who do you think outside of your spouse or family has the most influence on your life and decisions right now?
- What do you think God is doing in your life right now? How do you see Him at work?
- What have you been learning and meditating on this week from God's Word?
- What is a specific way you are growing and changing?
- What are some barriers to your relationship with God?
- 1 Peter 2 says to "put away all malice and all deceit and hypocrisy and envy and all slander." Are there any of these sins you are struggling with in particular right now?
 - Is there someone in your life you have been routinely thinking bad thoughts about?
 - o Is there any way in which you are lying right now?
 - Is there any way in which you are trying to make others think you are someone you are not right now?
 - Is there any one you are looking at and wishing you could have what they have?
 - Is there anyone that you are speaking evil about to others?
 - 1 Peter 3 tells husbands to live with your wives in an understanding way ... so that your prayers may not be hindered. While this applies specifically and directly to

husbands of course, we might take a principle from it for all of us. Our relationships with others have an impact on our relationship with God.

- If you are a husband, would your wife say you are living with her in an understanding way, why or why not?
- If you are not a husband, look at your relationships. Is there any relationship that is hindering your relationship with God? Why or why not?
- Galatians 5:22,23 says the fruit of the Spirit is "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control."
 - Which of these fruits do you see yourself growing in right now? Where are you struggling?
- What are some temptations you face at home? At work?
- If Satan were going to attack you in one area, what area do you think he would identify as your greatest point of vulnerability right now?
- Where are you being tested?
- What are some ways you have been seeking to show sacrificial love lately?
- Is there anything you think we need to know about you? Is there anything you wish you could share?
- If you could pick one specific area to grow in, what area of your life would you choose?
- What is one area in your life the people closest to you would say you are least likely to change?
- What are some kinds of topics you would like to look at together this year?

Week 4: First Things First

One of the goals of your meetings is to have spiritually profitable discussions with one another. In this meeting you are going to begin practice doing that by talking about a really important topic: the gospel!

To help you do that, Read the following article together and take a couple minutes to discuss:

https://www.challies.com/articles/faith-hacking-preaching-the-gospel-to-yourself/

Now obviously, to preach the gospel to ourselves, we need to know the gospel. So you can take some time to help each other reflect on the gospel by asking the following questions .

- What does it mean to be a Christian?
- What is one passage in the Scripture that you think explains the gospel really well? Read that passage and share what stands out to you.
- What are the non-negotiable elements of the gospel? What do people absolutely have to know if they are going to be saved? Why did you answer the way you did?
- Perhaps have a piece of paper, and ask each member of the group to write down a three paragraph summary of the gospel. Then have each member of the group share what they wrote and discuss.

Sometimes we are not sure what it looks like to preach the gospel to ourselves on a regular basis or how or why it is so important. To encourage each other in this important practice, watch the following video and discuss the questions that follow:

https://www.youtube.com/watch?v=8YTMj d5Ong

- What was he trying to say?
- What do you think he meant?
- What do you think about what he said?

The gospel is not just a message for the beginning of our Christian lives. It is a message for the whole of our lives. To help each other appreciate that, ask the members of the group the following questions:

- In what ways has the gospel encouraged you in your Christian life and how has it shaped you and the way you think and act?
- What do you think when you hear someone talk about preaching the gospel to yourself? Is that something you do on a regular basis, or is that something that sounds strange? Give us some perspective that will help us be an encouragement to you in that.

3. Conclude Your Meeting: (approximately 15 minutes)

Hopefully by now you all have a lot to think about! Take a few minutes at the end to encourage one another before you again. To do so, you might try some of the following:

- Have each member share one thing that stood out from what someone said
- The leader of the group might share one verse to think about in the weeks ahead
- Or, you might just pray for one another

To help each other keep moving forward during the times you are not meeting, we are giving "homework." As you conclude, remind each other of the assignments:

- During your first meeting choose a passage of Scripture to memorize together. You have 20 weeks so make it long enough to be challenging, but doable! So for example you might choose a passage like:
 - o Ephesians 1
 - o Romans 8
 - Matthew 5

(Break the passage down into 19 weeks of memory work.)

- Have the group begin thinking about one area in their life they would really like to grow spiritually in this next year. The goal is by the end of the 4 weeks, they need to come ready to share that area with the group.
- At the end of the 4th week, you should have chosen a topic for studying together. You will want to have the books ready and then assign the homework so the group is ready for the next session.
 - Here are some examples of topics to choose from:
 - A book of the Bible
 - How to Change
 - The Gospel
 - Finances
 - Sexual Purity
 - Marriage and Family

- Godliness
- Overcoming Anger
- The Attributes of God
- Loving Others
- Church Life
- Evangelism
- Communication
- Spiritual Friendship
- Spiritual Disciplines of the Christian Life
- Technology and the Christian Life
- Productivity
- Delighting in God
- Dealing with Conflict
- Handling Anxiety
- Leadership

Going Deeper

The Middle 12 Weeks

You've spent some time getting to know one another. And you've identified what you want to study and ways you want to grow. Now, we are really going to start "working out." We are going to take advantage of the next 12 weeks to help each other take some specific steps forward toward becoming more like Jesus.

Once again, we're going to give you some ideas on how to do that. But before we dive in, consider some of the particular goals you are prayerfully pursuing together during this time.

- To develop a committed "I am for you" friendship with one another.
- To learn in community with each other.
- To begin to encourage and teach and correct one another more specifically and helpfully.
- To help each other take steps together toward real, lasting changes.

How?

Here's a basic format you can follow.

1. Begin Your Meeting: (approximately 30 minutes)

Once again, **remember why you are getting together.** Find a way to remind each other of the purpose of transformation groups.

At this point you have some homework that you are doing. **Take a** moment to check up on that homework and specifically review the Scripture Memory Project you are working on together.

You also should have begun work on your change project. *Help each* other move forward on your personal change projects by updating each other how it is going. The following list gives an idea of steps you should have taken by each meeting and questions you can ask one another to keep each other on track.

• Week 5, what are you working on changing?

- Week 6, what would it look like for you to be different in the area that you have identified?
- Week 7, talk to one person close to you and ask them to share what they think you need to change. Then share what you want to work on changing, and get their feedback. Bring that data to your meeting.
- Week 8, what are some of the specific, fundamental things that need to change if you are going to change? In other words, what do you need to put off to be able to change in that area?
- Week 9, what is keeping you from changing in that area? In other words, why haven't you changed in this area yet?
- Week 10, what are some of the main things you need to put on if you are going to change in this area?
- Week 11, what are some of the key Bible passages that speak directly to the area you are seeking to change?
- Week 12, what are the main principles from those passages that apply to you changing in that area?
- Week 13, listen to one sermon on the subject you are wanting to change in. Specifically take notes on how you can be different as a result of what the preacher was saying. Bring those notes to your transformation group and share.
- Week 14, imagine you are counseling someone who is wanting to change in the area you have identified, and make one homework assignment you would want them to complete that you think would help them take steps towards changing in that area
- Week 15, find someone you think is doing well in the particular area you are wanting to change, and get together with him and ask him specific targeted questions about what you are concerned about, and bring what you have learned back to the group
- Week 16, take what you have learned about changing in that area and make a summary document. Then begin formulating a specific plan for changing in that area, share with the group, and get feedback from the group.

After you have worked through some of your homework assignments, begin getting into each other's lives through some brief personal updates.

Here are some different ideas for helping each other grow while keeping those updates meaningful and fresh:

- Identify one specific person each week to share one thing they have learned in their devotions.
- Have another person bring a question. Their job is to think of a question for advice from the group.
- Ask each other intentional questions like:
 - How are you doing in your relationship with God? Be specific what are you learning, how are you struggling, what's been motivating you to worship, what's been discouraging?
 - o How are you doing in your thought life?
 - o Is there anything you think we need to know?
 - What is one way you have seen God working in your life or your family life recently?

Take some time to pray for your meeting together.

2. Learn Together: (approximately 75 minutes)

By the beginning of these 12 weeks, you and your group should have already chosen a particular learning focus. You can use this time of discussion to work your way through the book or the sermon series or topic you have chosen together.

I would suggest the following as you do so:

- Start the time by having the group summarise what you learned the previous time you were together.
- Have everyone prepare for the time by reading beforehand to the assigned reading and by jotting down some notes that will help them discuss it with the group.
- When you work through whatever you are working through, make sure everyone has understood the content, but don't stop there. What you are really wanting to do is make sure that they are applying it. So think specifically and try to develop some questions that will help each of you think about ways in which you can change as a result of what you are reading.
- By the end of your reading, have everyone answer the following questions:

- One thing I learned was:
- One way I need to change is:
- This is one idea I have about putting what I have learned into practice this week:

3. Conclude Your Meeting: (approximately 15 minutes)

There are a number of different things you can do to bring your meeting to a helpful and encouraging conclusion:

- You can pray with one another
- You can sing a song together
- You can end by having everyone offer one encouragement to one another.
- You can close each time by having one person share how they would like the group to hold them accountable or pray for them in the next couple of weeks.

Before you go, remind the group of the homework for your next meeting.

Looking Forward

The Last 4 weeks

By the time you have gotten to this point, you've really come a long way. Hopefully you have the beginnings of a strong friendship and you have learned a lot about each other and have taken some big steps toward change.

What now?

Here are some goals you should have regarding these last few weeks of Transformation Group:

- To make sure you really have grown in your friendship with one another and that you really have taken advantage of your time together to move forward spiritually.
- To make sure that each member of the group has a basic understanding of what you have spent the year discussing.
- To make sure the group is really ready to move forward in the specific areas they have identified in their life where they need to grow and that they have a plan for doing so.

Once again, you are probably thinking about how to do all of that. Here's a basic overview of the plan for the final four weeks that should equip you to finish your year together well.

During these final four weeks, you can use the regular format of updates, prayer and Scripture memory that you have been using all along. But the focus during your discussion time will be a little different.

Week 17: Looking Back

This week have each person in the group come ready to present:

- A paragraph summarizing the content of what you studied over the course of the year.
- A paragraph summarizing specifically what they learned and what challenged them most from your study together. This will be more personal and focused on application than the

- previous question.
- A paragraph summarizing how they are planning on changing as a result of what they have learned in your discussion.

Then take whatever you studied and come up together with a list of twenty questions that will help the group evaluate their spiritual condition in that area.

For example, if you were studying communication you might ask: Are you honest in all your words, or do you exaggerate? Are you sharing with others what someone else told you in confidence?

When you have done that, work through the questions by actually asking them of one another.

The homework assignment for this week is identifying someone you are going to share what you learned with and by the next time you get together as a transformation group make sure you have scheduled an opportunity to share that with them.

Week 18: General Review

This week is more of an overall spiritual health check up. To do that, you might ask the following questions:

- How is your change project plan going? What's going well?
 What isn't? Why?
- How are you doing spiritually?
- How is your private worship?
- What are you loving lately?
- What have you been talking about the most this past week?
- When was the last time you were really thankful? What were you thankful about?
- Is there anyone you are bitter or angry at right now?
- Is there any way you are pitying yourself right now?
- What did you complain about last?
- How's your thought life?
- Are you enjoying prayer?
- Are you being generous?
- What are the biggest barriers to your relationship with God?

- What are the biggest barriers to your relationship with your wife?
- What are the most serious temptations you face at home? At work? Elsewhere?
- Is there any specific area where you are struggling to obey God?
- Is there any area in your life that you conscience is troubled about?

Take some time to discuss what you have each brought up, and then spend some time praying with one another.

The homework assignment for this week is to come up with one way you can join together to creatively serve someone else sacrificially and then make a specific plan to do it.

Week 19: Serving

This week you are going to get together as a group to serve someone else sacrificially. Enjoy!

Week 20: Encouraging and Praying

This is your final formal meeting together as a group. Wow! You've made it. The goal this week is to encourage one another through prayer.

Begin by quoting your Scripture memory passage. You should be finished by now!

To make this a joyful time of prayer:

Have everyone come ready to share some things that they were encouraged by the other members of the group about.

Have everyone come ready to share what they want others to be praying for them about.

Personally

- Thoughts
- Words
- Actions

Desires

Family

- As a husband
- As a father
- In your marriage
- For your children

Work

Church

Relationships

Transformation Group Celebration

At the end of our twenty weeks we would like to get together with all the groups and worship God for the ways He has used this time in our lives. You'll receive more information about this celebration as the time approaches, but please prepare by thinking about ways you have seen God at work in your life through the relationships you developed in Transformation group!